

# MAKE DATING WORTH IT.

*With a love-life changing 21 day course  
by love coach Francesca Hogi*

HOW TO  
DATE WITH  
INTENTION



# YOU CAN MAKE TRUE LOVE INEVITABLE...

*When you combine: SELF LOVE, EFFECTIVE DATING SKILLS, and the POWER of INTENTION, a true love relationship WILL follow.*

BUT--knowing what self love actually looks and feels like can feel impossible. And dating skills?? We're definitely left to our own devices to figure it all out. You've been socialized to wish and hope for love, not to be intentional about making true love happen. How to Date with Intention will take the confusion out of how to make the love you want a reality.



**OVER THE COURSE OF  
21 DAYS, YOU'LL GET THE  
DATING EDUCATION YOU'LL WISH  
YOU HAD YEARS AGO!**

# SHORT DAILY LESSONS SENT DIRECTLY TO YOUR PHONE VIA TEXT OR SMS

## *HOW YOU'LL TRANSFORM:*

By embodying self love, developing more romantic confidence, and understanding your power to manifest true love.

## *HOW IT WORKS:*

For 21 days, you'll get short lessons via text, along with accompanying "heart work" that guides you to go deeper.

## *WHY IT WORKS:*

When you empower yourself with self-love and dating know-how, inevitable growth, skills, and clarity is the result.



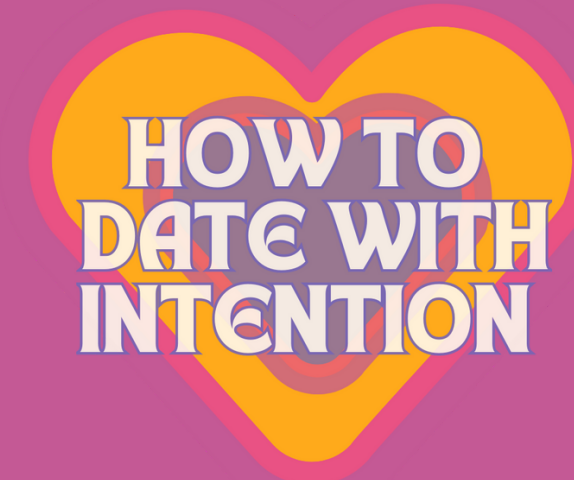


# THE COURSE 10 YEARS IN THE MAKING...

10 years ago, I left a career in corporate law to become a certified professional matchmaker. I had an "impossible" goal of helping the world empower themselves to make healthy love a reality.

Through coaching, matchmaking, writing, thinking, speaking, learning and growing, How to Date with Intention was born. I've poured into it what I've learned through serving hundreds of clients directly, and thousands more by sharing my innovative ideas about true love... And I've even had the chance to share them with the world from the TED stage.

[SIGN UP NOW](#)





COURSE OUTLINE

Welcome + How to Use This Course

DAY 1

*The Power of Intention*

DAY 2

*The Self Love Formula*

DAY 3

*Your Romantic Identity*

DAY 4

*Identifying Your Personal Values*

DAY 5

*Identifying Your Romantic Values*

DAY 6

*Balancing Values + Attraction Points*

DAY 7

*Catch-up/Rest Day*

DAY 8

*Harnessing the Superpower of Belief*

DAY 9

*Setting Aligned Romantic Intentions*

DAY 10

*Your Intentional Dating Goals*

DAY 11

*Dating Skills Are Love Skills*

DAY 12

*Building Romantic Confidence*

DAY 13

*Embodying Love Everyday*

DAY 14

*Catch-up/Rest Day*

DAY 15

*Authentic + Effective Flirting*

DAY 16

*Dating Self Care*

DAY 17

*Compatibility + Breaking Patterns*

DAY 18

*Courting Serendipity*

DAY 19

*No Bad Dates*

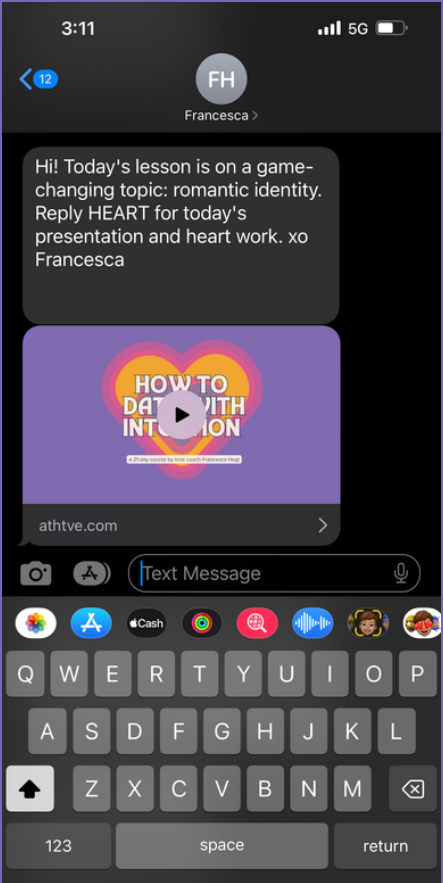
DAY 20

*Clearing Blocks + Having Fun*

DAY 21

*Remember to Remember*

All course materials sent directly to your phone



**SIGN UP NOW**